

Abstrak

Tujuan penelitian ini adalah melihat tingkat kepuasan pernikahan pada istri pasien diabetes melitus tipe 2. Enambelas istri dari pasien diabetes melitus tipe 2 diminta untuk mengisi alat ukur Enrich Marital Scale milik Fowers & Olson yang telah disesuaikan. Hasil penelitian diolah menggunakan metode penelitian kuantitatif deskriptif. Dari penelitian ini diperoleh sebelas istri (69%) dengan tingkat kepuasan sedang, tiga istri merasa sangat puas (19%) dan dua istri merasa tidak puas (12%). Nilai rata-rata tertinggi 3,63 diperoleh teman & keluarga, disusul orientasi agama sebesar 3,43 dan pengelolaan keuangan sebesar 3,36 sedangkan kepribadian memiliki nilai rata-rata terendah yaitu 2,72. Orientasi agama, pengelolaan keuangan, kegiatan waktu luang dan komunikasi masing-masing memiliki nilai rata-rata 4 dari istri dengan tingkat kepuasan pernikahan tinggi. Istri dengan tingkat kepuasan pernikahan rendah memiliki orientasi agama sebagai pemilik nilai rata-rata tertinggi yaitu sebesar 3.

Kata Kunci : Kepuasan pernikahan, istri, diabetes melitus tipe 2

Abstract

The purpose of this study is to determine the level of marital satisfaction on wife of patient with type 2 diabetes mellitus. Sixteen wife of type 2 diabetes mellitus patients were asked to fill out “Enrich Marital Scale” instrument from fowers & Olson that has been adjusted. The results were analyzed using descriptive quantitative research methods. From this research, eleven wives (69%) have moderate satisfaction levels, three wives were extremely satisfied (19%) and two wives are not satisfied (12%). The highest average value of 3.63 obtained by friends and family, followed by the religious orientation of 3.43 and 3.36 while the financial management of personality has the lowest average value is 2.72. Religious orientation, financial management, leisure time activities and communication each have an average value 4 of wives with high levels of marital satisfaction. Wife with a low level of marital satisfaction has a religious orientation as the owner of the highest average value that is equal to 3.

Keywords: Satisfaction marriage, wife, diabetes mellitus type 2